The Driving Instructors Podcast – Show notes for CPD

The Healthy ADI (ADINJC conference 2009)

Talk given by Sue Bedford (Nurse)

show 10. 12/4/10

- De-hydration

- Fatigue

- Weight Gain

- Infectious Diseases

- Stress

Sue's website www.pulsescreening.co.uk

Add your own comments and notes to the headings covered in this months show, and keep in your records for CPD.

www.dipod.co.uk